



Keep Stamford Beautiful, Inc.
Five Landmark Square
Suite 110
Stamford, CT 06901-2704

Keep Stamford Beautiful, Inc.



A program of the City of Stamford
Mayor Dannel P. Malloy

Board of Directors

Sandy Goldstein
Chairperson

Kathy Rorick
Treasurer

Co-Chairperson, Fundraising Committee

Alice Fortunato
Secretary

Celia Bayless
Chairperson, Public Relations Committee

Lou David
Chairperson, Litter Abatement Committee

Marion Glowka
Chairperson, Beautification Committee

Gloria Battinelli	Frances Gerety
Martha Burns	Mary Ann Harris
John P. Condlin	Ashlee Nestor
Rosemary Cox	John Ruotolo
Mary Fedeli	Cindy Shumate
	Marilyn Trefry

Director of Operations
Rick Myers



A training workshop for Keep America Beautiful's "Waste In Place" program will be held on Saturday, March 2, from 9am to 1 pm at the Bartlett Arboretum Education Building, 151 Brookdale Road, Stamford.

"Waste In Place" is a program for children in grades K through 6 that teaches litter prevention and solid waste management. The workshop will give an overview of a curriculum of

33 interdisciplinary lessons which create awareness of and helps develop responsible attitudes toward preventing litter and waste management.

Lessons and activities include topics such as litter prevention, waste management, waste reduction, recycling/compost, waste energy/landfill, and enrichment.

The workshop is open to school teachers, scout leaders, and youth program facilitators. The cost is \$35 for nonprofit participants and \$50 for all other participants. All participants will receive a bound curriculum which includes over 30 lesson plans with activities.

To sign up, or for more information, call Rick Myers at Keep Stamford Beautiful at 203-358-8268.



ISSUE 11

DOWN -TO- EARTH

WINTER 2002

2001 Keep America Beautiful William Nash Award presented to Keep Stamford Beautiful

Keep Stamford Beautiful was the recipient of the distinguished William Nash Award on Saturday, December 8, 2001, at Keep America Beautiful's 48th National Conference in Washington, D.C.

The award is given to a new Keep America Beautiful affiliate – one which is three years old or less – and has achieved significant growth in its program, as well as having successfully embraced the Keep America Beautiful System in its community.

KAB's President, Ray Empson, said, "Keep Stamford Beautiful has done an outstanding job to implement the Keep America Beautiful System in Stamford. Its efforts has improved the quality of life for all citizens and has instilled a sense of individual responsibility for the community environment. We are delighted to recognize Keep Stamford Beautiful's efforts with this award and hold them up as a model for the entire national network of over 500 community affiliates nationwide."



Rick Myers (left) accepts the William Nash Award from Ray Empson, President of Keep America Beautiful.



The Great American Cleanup 2002

The Great American Cleanup is the nation's largest organized annual cleanup, beautification and community improvement program. Millions of volunteers nationwide take part annually in this exciting program, from coast to coast, March to May.

Locally, Keep Stamford Beautiful has targeted Saturday, April 27th for the Great American Cleanup in Stamford's neighborhoods. Projects for this year's program include neighborhood cleanups, graffiti removal, beautification and community improvement projects.

For more information, or to volunteer, call the Keep Stamford Beautiful office at 358-8268.



Keep Stamford Beautiful, Inc. • Five Landmark Square • Suite 110 • Stamford, Connecticut 06901-2704
phone 203-358-8268 • fax 203-348-6857 • email keepstamfordbeautiful@erols.com • web www.keepstamfordbeautiful.org



Cablevision Parade Spectacular

Pitney Bowes sponsored the "Rocky the Flying Squirrel" balloon for Keep Stamford Beautiful in the Cablevision Parade Spectacular on November 18, 2001.

Thirty-five volunteers handled the balloon, which is 60 feet tall and filled with 6,000 cubic feet of helium. Many thanks to Pitney Bowes, and to all of the volunteers.



Recycle Your Christmas Tree

The Christmas tree recycling program is sponsored by Keep Stamford Beautiful and the Office of Operations. The program is designed to encourage residents to bring their undecorated trees to recycling centers. When residents bring a tree for recycling, they receive a coupon for a free recycling tree, redeemable the week of Arbor Day, April 22nd through April 27th, at the recycling centers.



Unilever Christmas Cleanup

On Tuesday, December 11, 2001, 60 volunteers from Unilever Home & Personal Care – North America joined Keep Stamford Beautiful for a neighborhood cleanup on Stillwater Avenue and in Carwin Park on Spruce Street.

Volunteers cleaned more than 5,000 pounds of litter and debris from the streets and park, cleaned graffiti off of signs and structures, removed illegally posted signs from utility poles, and planted 1,000 tulip bulbs in the planters along Stillwater Avenue.



In the Garden

6 Ways to Jumpstart Your Garden This Spring

For most gardeners, the warm weather and warm soil of spring doesn't come early enough. But that doesn't mean you have to be satisfied with waiting until April, May or even June to start gardening. You simply need to find ways to protect your plants until the "real" spring arrives. Here are six ways you can help make spring come earlier than ever in your garden.



1. Start seeds indoors.

By starting annuals and perennials from seed indoors, you will have big, healthy transplants ready for the garden when the weather warms up. And you'll get to experience spring in the dead of winter, indoors.

2. Choose cold-tolerant varieties.

Choosing the right plant varieties can make a significant difference, because some varieties are specially suited to early- or late-season production. There are some varieties of broccoli, for instance, that thrive in cold spring soils, but go to seed quickly once warm weather arrives. There are other varieties that will tolerate heat, and still others that thrive in the low light conditions and cold temperatures of late fall. You can find descriptions of heat and cold tolerant varieties in most seed catalogs.

3. Take advantage of microclimates.

Not all parts of your yard and garden are created equal. Depending on a variety of factors, like sun and wind, parts of your yard will be much warmer than others. When you are choosing a location for your early spring garden, look for an area that is protected from wind and gets plenty of sunshine.

Avoid areas that are at the bottom of a slope because cold air sinks. The ideal location is high on a gentle slope that faces south, southeast and is protected from cold, drying wind. If there's a prevailing wind direction, putting up a fence on that side of the garden may be a good idea.



4. Warm the soil.

Cold soil can be even harder on young plants than cold air. If you protect your garden over the winter with a thick layer of mulch, be sure to pull the mulch off the planting beds in early spring to expose the soil to the sun. Covering cold spring soil with black plastic can also boost soil temperature by several degrees. The plastic can be left on all season or removed prior to planting. Raised beds are another way to warm the soil more quickly.



5. Cover your plants.

Provide your plants with a sheltered growing environment that minimizes stress. When transplanting your seedlings, try to keep them covered with a horticultural fabric, cloches or cold frames for the first couple of weeks. Seedlings grown under the shelter of garden fabric or cloches will often put on twice as much growth as control plants.

Horticultural fabrics are made of spun polyester or polypropylene and are sun-, air-, and water-permeable, which means excess heat can escape and rainwater can pass through.

Individual plants can also be protected with Hot Caps, Solar Bells or Pop-Up Cloches. They will warm the soil and protect the plant.

Cold Frames create a protected growing environment close to the ground.

6. Install a greenhouse.

A greenhouse is the ultimate season-extending tool, enabling you to grow vegetables and flowers year round.

